

# VOICE OF THE RESIDENTS

VOL. XVII, NO. 7

BROADMEAD, COCKEYSVILLE, MD

MARCH, 1996

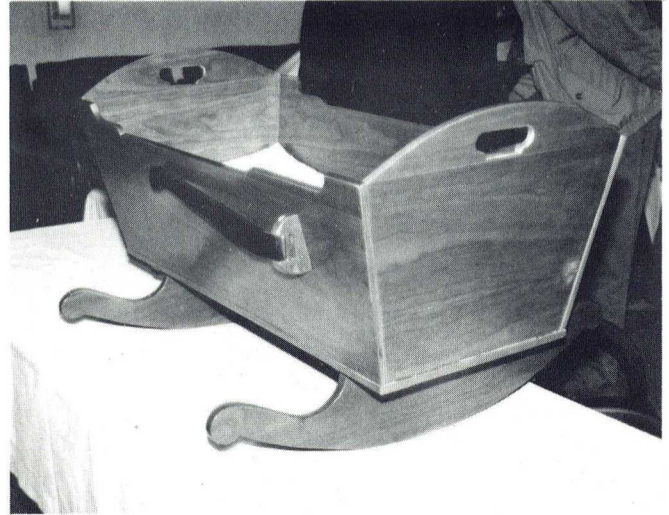
## *Arts and Crafts Exhibition*

An incredible number of people gave their support, ideas, past knowledge, talent, encouragement, time and labor. I offer them my most grateful thanks as I recognize my inability to accomplish anything by myself. I would like to give particular mention to George Anderson, the best of mentors; Lee Sanborn, my right hand; and the loyal Friends alumni.

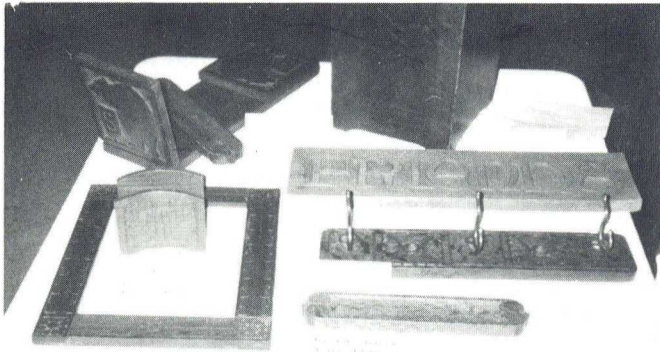
From exhibitors and visitors I welcome your ideas and criticism as I form an evaluation for next year.

In appreciation,

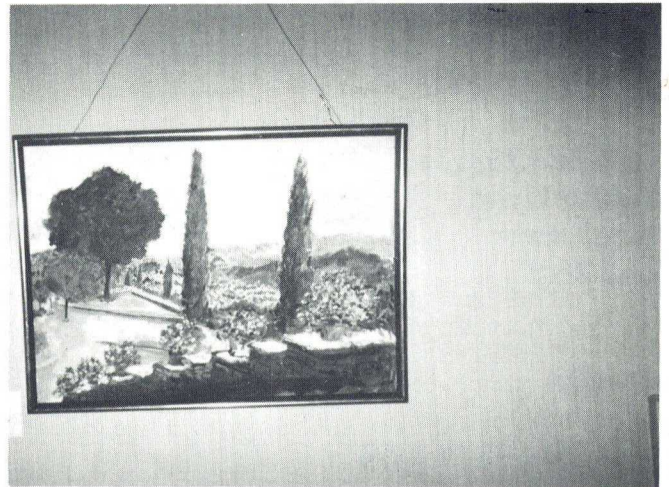
*Claire W. Eckels*



M. B. Minden



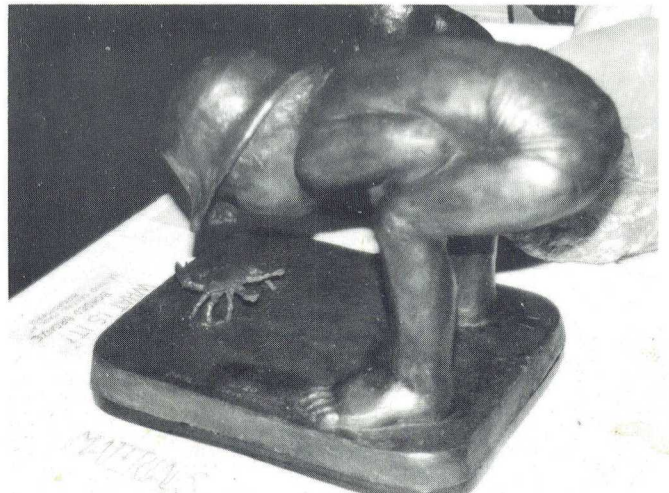
N. Rowe



N. Rowe



C. Elliott



M. B. Minden



# Broadmead Welcomes . . .

by Betsy Griffin

## REBECCA (Geyer) HENDERSON

(Mrs. Joseph) R-9 329-1898 February 1996

Becky was born and raised in Meosto, Missouri, and attended Central College in that state. She came to Baltimore to study medical technology at Mercy Hospital and, after working in Frederick for a short time, returned to Missouri. Married there, she and her husband settled in Baltimore where he--now deceased--spent his career at Bethlehem Steel. They raised two daughters, one of whom teaches at the University of Wisconsin and has a son and a daughter; the other, an actuary in New Jersey, has two daughters.

After the girls became independent, Becky volunteered at the School of The Chimes. Working with "special" children, she advanced to the teacher level and remained at the School for 12 years. Becky enjoys travel, theatre, bridge, and aerobic dancing but wants to settle in before beginning "life" at Broadmead.

### Apartment Changes

|                  |                     |
|------------------|---------------------|
| Catherine Taylor | from T-368 to H-237 |
| Albert Cousins   | from B-12 to T-368  |
| Louise Braff     | from E-13 to S-206  |

\* \* \*

### VESPERS

+

**Sunday, March 17, 1996**

4:30--5:00 p.m.

+

in the Lounge

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## In Memoriam

ROSE G. CLARK

November 2, 1914 - February 13, 1996

ELIZABETH MULLER

January 30, 1899 - February 17, 1996

## IN PRAISE OF ITS AUTHORS

*On lines composed by*

*Sarah Cooper and Eva Leah Milbouer*

*read at the New Year's Eve party held December 31, 1995*

At risk of writing rhyming bloopers,  
May I speak of Sarah Cooper's  
Most insightful nature prose,  
Deserving our bravissimos?  
Now add her sister, Eva M.,  
And, presto! They create a gem!  
It gave the *Voice* a happy face,  
The winter doldrums to erase.  
We smiled awhile and marveled at  
The wondrous epic they begat.

So, thank you, sisters, for this treat,  
An extraordinary feat.

--Nancy D. Rowe.

## HALLOWELL/TAYLOR EVENTS

by Melissa Gibson, Activity Coordinator

Monday, March 4, 3:00 p.m. [Hallowell]

Poetry with Clark Jones.

Friday, March 15, 3:00 p.m. [Hallowell]

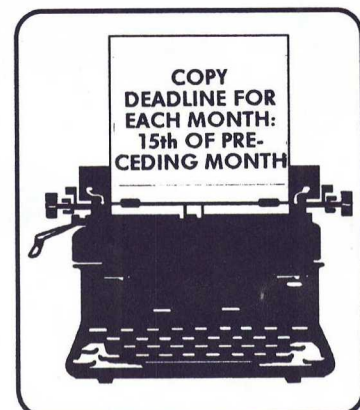
St. Patrick Celebration featuring  
entertainment by Helmut Licht.

Monday, March 18, 3:00 p.m. [Stony Run 3]

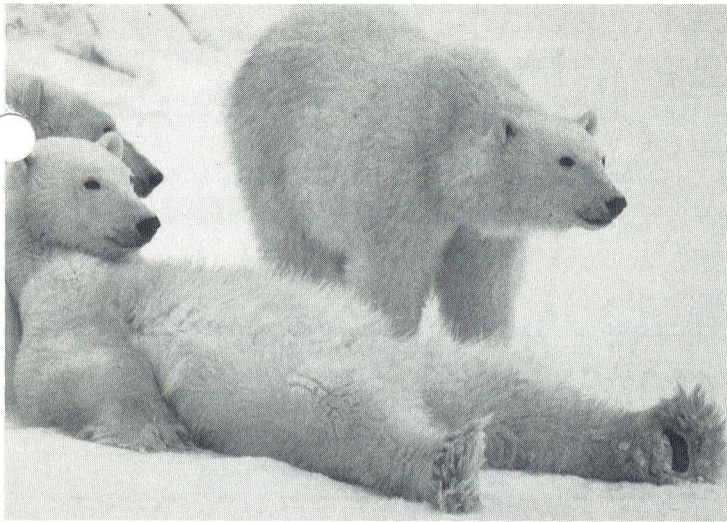
Poetry and literature with David Foster.

\* \* \*

**One Resident's daughter**, an interested reader of the Broadmead monthly calendar and the *Voice*, wonders: "Is there a class at Broadmead entitled 'Getting Along With Your Aging Children?' "







*Let me put it to you this way:*

#### **SATURDAY PROGRAM OFFERINGS**

by Dee Whiteford and Charles Hobelmann  
General Program Committee

**Saturday, March 9 - 7:15 p.m.**

"English Gardens" [Slides]

Geoffrey W. Fielding, a writer and well-known Baltimorean, formerly associated with the Walters Art Gallery and the Baltimore County Public Library.

**Saturday, March 16 - 7:15 p.m.**

"Contrasts of Thailand" [Slides]

H. Lee Hirsche,  
formerly of Williams College



#### **HEALTH EDUCATION SERIES**

by Peggy Brian, M.D., Chair  
Health Education Subcommittee

Tuesday, March 19th, 10:30 a.m., Auditorium  
Doctor Margaret Weiss  
*Protection and Care of the Ageing Skin*

#### **CONCERTS IN THE LOUNGE**

Residents Association Music Committee  
Harry C. Jones, Chairman

**Sunday, March 3, 1:45 p.m.**

The Western Maryland College  
Madrigal Singers

**Thursday, March 14, 7:00 p.m.**

"Let's Sing!"

**Sunday, March 24, 1:45 p.m.**

Nanette Butler Shannon, piano;  
Robyn Woodle, soprano

\* \* \*

#### **THURSDAY OPEN FORUM**

by Melchijah Spragins

**March 7 at 10:30 a.m.**

Discussion of Robert Benjamin's February 29  
lecture on "China," led by Ralph White.

**March 21 at 7:00 p.m.**

Speaker: Sister Kathleen Feeley, Administrator for  
Special Education, Baltimore City Public Schools  
Subject: "Special Education"

**March 28 at 10:30 a.m.**

Discussion of above by Thomas Goedeke

Wife to husband: "One of the  
ducks you were hunting last week-  
end called and left her number."

*Let's Dance!*

#### **Big Bands of Yesteryear on Tape**

Eddie Slaughter, Chairman

Dances will be held on the *second Monday of the  
month*, except when an extra-special party is  
scheduled. Come on MARCH 11th!



## MOVIES ON TUESDAYS AT SEVEN

**3/3 PARADISE** 1991 110 min. \*\*\*

Melanie Griffith, Don Johnson, Thora Birch, Elijah Wood. Story of a boy who is sent to his mother's friends for the summer. There he is befriended by a precocious girl and tries to learn what makes the married couple he is staying with so cold to each other.

**3/10 APOLLO 13** 1995 140 min. \*\*\*\*

Tom Hanks. The space flight of Apollo 13 was regarded as routine until the words, "Houston, we have a problem" were heard. Stranded 205,000 miles from Earth in a crippled spacecraft, the astronauts fight to survive while Mission Control races against time and the odds to bring them home.

**3/17 PRIDE AND PREJUDICE** 150 min. *Part 1*

Colin Firth, Jennifer Ehle. Jane Austen's superb romantic comedy follows a cast of society's elite through games of love and negotiations of marriage in the countryside of 19th Century England.

**3/24 PRIDE AND PREJUDICE** 150 min. *Part 2*

\* \* \*

## PBS PICKS . . .

March programming brings to Maryland Public Television Channel 22 [No. 9 on Broadmead's house antenna] four specially attractive programs:

**OUT OF IRELAND** Wednesday 3/13 8 p.m.

Beautiful scenes; perchance your ancestors?

**IRISH PROGRAM** Sunday 3/24 2:30--9 p.m.

Cooking at Cork; travels in the Emerald Isle

**CAESARIA** Thursday 3/21 8 p.m.

Herod's town excavated by teams including University of Maryland students.

**ARK, DOVE, & PRIDE II** Mon. 3/25 10 a.m.

Sail from St. Mary's City to London

## Whodunit?

Paul DuVivier's just-published *A Tale of Three Cities* covers 20 centuries in the life of Angiers, Tours, and Orleans in the chateau country. His third book, hot off the press. Ask him about it!

## M\*S\*S\*H

### Men's Saturday Social Hour

*John De Hoff, Coordinator*

March 2d -- 10 a.m. in the Auditorium  
GROWING UP--OR DID I?

Palmer Fitcher

March 16th -- 10 a.m. in the Lower Lounge  
R.P.V.'s at AAI

Irwin Barr

## WEAR YOUR NAME TAG

## ADVENTURES IN LEARNING

by Dorothy Clapp, Chairman

Adventures in Learning's winter program focuses on the concept of "Westering" as represented in American literature from the early 1800's..

*Wednesdays, March 6 and 13 - 10:30 - Auditorium*

\* \* \*



N. Rowe



N. Rowe



**Grackle in Sunlight**  
by Lynn Buck

In feather sheen  
sparks of blue purple  
green, this dark bird  
of early spring  
sits preening  
on jagged branch.  
He cocks a slim head,  
fending off sparrows  
with upraised beak,  
yellow-rimmed eyes  
surveying  
his windswept territory.  
With raucous cry  
he swoops to devour  
scattered grain,  
swaggering in clownish  
stride. Satisfied,  
he ascends to birdbath  
for long throats of water,  
head tilted skyward,  
moving around the rim  
in ritual dance.

\* \* \*

**What a Book !**

a review by June Peacock

I finally finished Pat Conroy's *Beach Music*. The title intrigued me as I love the beach and I love music.

It took me nearly three months to finish the 628 pages. I am not really a slow reader, but I read at night when I am in bed. Soon my eyes close, and the book falls from my hands. Also, I savor Conroy's style, stop and re-read.

The early chapters flow along the rivers through sleepy South Carolina towns and to the ocean beaches near Charleston. Later chapters present graphic descriptions of the Holocaust. One victim escapes torture and death by playing classical music on demand to please the commander of the death camp.

All becomes clear in the final chapters.

A good read, but not an easy one. One day I shall read *Beach Music* again.

## CCRC Regulation Bill Pending

A bill to improve regulation of the CCRC industry has been developed through a cooperative effort by the Maryland Office on Aging (OoA), MaCCRA, and the Maryland Association of Nonprofit Homes for the Aging (MANPHA). Senate Bill SB 543 was introduced by Senators Hoffman, Hollinger, Derr and Boozer. If passed, it will mandate CCRCs to provide reserves equal to 15 per cent of annual operating expenses; require OoA approval before a change of ownership or certain other structural changes occur; provide for the annual issuance of a comprehensive disclosure statement; require an annual meeting of the Trustees and residents to discuss operation and goals and objectives for the next year; and enable CCRC residents to be deemed creditors of a provider's estate in bankruptcy situations.

You can obtain a copy of the bill by calling locally: 841-3810. If you wish to express support for the bill, phone

Senator F. Vernon Boozer 841-3690

Senator Thomas L. Bromwell 841-3677

Delegate A. Wade Kach 841-3519

Delegate Martha S. Klima 841-3407

--Robert M. Sparks



M. B. Minden



N. Rowe



### Aftermath of the Storms

Above the water tank, near the west end of Ridge Path, three giant trees have fallen, the largest a red oak probably a sapling when George Washington died. Its trunk is more than four feet in diameter at the base. It is completely uprooted, as is one large tulip tree nearby. The oak has fallen directly up Ridge Path, snapping off half of a double-trunked tulip tree more than a foot in diameter. Just down the hill, half of a tall, slender beech has also snapped and forms a great arc over the path. The grounds crew can cut and remove the beech, but the other trees block the area so heavily that Ridge Path will have to be rerouted nearer the water tank.

In the Wetlands, the flood waters have flattened and swept away last summer's growth of grasses and flowers. The pattern of the Wetland Zones is as distinct as that of a tree after its leaves have fallen. The deep herbaceous area is a pool of melting ice, and shallow pools stand in the low areas on both sides of the Walk. A man from Ecological Restoration and Management, Inc., the firm that helped design our Wetlands, measuring the ground-water level, finds it unusually high.

Already the small transplanted trees that are still alive are straightening themselves. Trees and shrubs on the banks of Western Run are debris-laden. Sediment--sand and silt--covers the whole Wetlands, lightly on the easternmost areas and several inches deep on the Wetland Walk where it parallels Papaw Lane. There the Walk is a pathless stretch of sandy, dunelike ripples. Thus Broadmead's Wetlands are serving their major function of capturing materials that pollute Chesapeake Bay.

One spectacular deposit--a very large tulip tree from up Thornton Hill--has been swept under York Road bridge and down to the Wetlands where it lodged across the iron bridge of the Walk, blocking it. Tulip trees grow much faster than oaks, but this three-and-a-half-foot diameter giant is probably 75 years old. David Velasquez, Broadmead's assistant Director of Maintenance, has requested and been promised help from the Maryland State Highway Administration to clear the bridge again.

One hopes that the remaining weeks will not be as rough weatherwise as January has been.



### Painting!

Carlene Moscott is the painting teacher on Thursdays from 1:00 'til 2:30. Oils, acrylics, watercolor and pastels are currently being used.

Those interested in drawing should sign up with Marian Schapiro, to begin on March 21. A sign-up sheet will be on the bulletin board.

Basics will be taught using still-life set-ups. Any questions? Call Carlene at 235-0709.



### Exchange

*The Editors invite Residents who may be interested to scan copies of newsletters published by other CCRCs. Monthly, we receive copies of papers from near and far, all of interest in one way or another. Surprisingly, recent issues feature stories about snowfall!*

*Let the VOICE know; put a memo in Box J-12.*

Asbury Methodist Village,  
Bethany Village,  
Cadbury,  
Collington,  
Duncaster,  
Edenwald,  
Fairhaven,  
Foulkeways,  
Friends House,  
Medford Leas,  
Thirty Thirty Park,  
Wake Robin,

Gaithersburg, Md.  
Mechanicsburg, Pa.  
Cherry Hill, N.J.  
Mitchellville, Md.  
Bloomfield, Conn.  
Towson, Md.  
Sykesville, Md.  
Gwynedd, Pa.  
Sandy Spring, Md.  
Medford, N.J.  
Bridgeport, Conn.  
Shelburne, Vt.

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Drifted by the ruthless wind  
The silent snowflakes lie.  
The trees are etched in silvery line  
Against the leaden sky.

The flowers of the summer past  
Beneath the snow lie deep,  
But also 'neath the frosty quilt  
Next summer's roses sleep.

--Jack McAulay  
(Bethany Village, Mechanicsburg, Pa.)



--John B. De Hoff, M.D.  
 Health Care Education Subcommittee

### Telemedicine

Since the mid-1970s, Scottish physicians have made "house calls" by satellite TV to sick oil workers in the North Sea and explorers in Antarctica. Remotely based in Glasgow, they examine, diagnose, prescribe, even order a helicopter to carry their patients to a mainland hospital if intensive care is needed.

In the U.S., physicians in two university hospitals talk daily with patients and their physicians in remote parts of Georgia and Kansas, using similar two-way voice and television technology over cable 'phone lines.

Medical College of Georgia cardiologists can interview a patient 130 miles away, use an electronic stethoscope to listen to heart sounds, study ECGs or cardiac ultrasound tests, and view x-rays. TV cameras zoom in on skin lesions or check pupillary reflexes; special cameras affixed to scopes visualize the retina or ear drum. Equipment lets specialists "show and tell," or share consultations with patients and physicians. Tapes of interviews and the examinations become multimedia records that document findings and confirm progress.

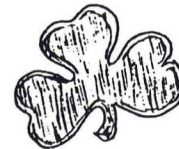
Georgia plans to put electronics into homes of 25 patients who have repeatedly been admitted to hospitals acutely ill with chronic conditions like severe asthma, diabetes, or cardiomyopathy. Dr. Jay Sanders, a pioneer of telemedicine in Georgia, will provide what he calls "very simple off-the-shelf technology" that measures ECG, BP, blood chemistries and gases. TV helped him explain one severely asthmatic patient's frequent admissions when it showed a dirty sick room with plants, cats, and a tobacco-smoking husband. He could then manage her asthma better.

The University of Kansas hospital began its telemedicine program to follow-up patients with treated cancer who had to return home, often hundreds of miles to the west. In place of day-long round trips to the clinic, the patients are examined remotely by cable TV and their cancer medicines adjusted. The University now has more than 80 TV clinic sites connected to its hospital for continuing medical education of medical staffs, as well as consultations.

Telemedicine is costly and still experimental but developing quickly. Several journals describe telemed progress in other parts of the world. Today we use our two-way 'phones to the Broadmead health suite - will ever telemed cameras monitor our severe chronic illnesses?

1. Which Resident's prize-winning color photograph may be seen in the Broadmead library on the cover of the *Maryland Medical Journal* for January 1996?
2. Which Resident recently retired after five years of managing "mass transportation" from Broadmead to theater and symphony events? Who has agreed to take over this important and greatly-appreciated responsibility?
3. What flowers have been blooming since January beside the Dogwood Path on Broadmead's "mountain"?
4. Name five of the more than 60 Residents whose work appeared in the Arts and Crafts Exhibition held at Broadmead on January 27, 1996.
5. Which two Residents became re-acquainted several weeks ago in the Broadmead beauty shop, after they had not seen or heard of each other for 66 years? [In 1930, one was a seventh-grader; the other, her gym teacher at a Baltimore school.]
6. In the open back-lawn of one Broadmead apartment, many small red apples remained on a low tree through last summer and this winter. Why did noone gather them to make jelly or applesauce?

\* \* \*



#### **Camera Club Meeting**

**Friday, March 8 - all welcome!**

10:00 a.m. in the Lab and Seminar Room

*A Harry Patton special:*

**"LIGHTING THE SUBJECT"**

Bring your camera, flash, and other suitable equipment and join the experiment.



## Winter Journal

For some weeks, from the first part of January to the middle of February, I kept brief notes on snow, weather, and whatever I might observe in my journeys to and from the Center. They are most unremarkable:

*January 22* - Plows have piled up the snow and cleared the roads. Some areas show green.

*January 25* - My quadrangle, as if a line has been drawn down the middle, is grass on one side, snow on the other.

*January 28* - The snow is gone from the quadrangle.

*February 6* - An almost full moon illuminates the sky tonight.

*February 7* - A blanket of snow has again covered the quadrangle.

*February 8* - Rain erased some of the snow so that the hillside opposite has a layered look of grass and snow.

Then, for a short spell, milder, cloudy weather takes over, and *then*, at last, I set out with

a couple of guests to see what all this snow and cold has done to the Trail. We step over a dwindling ridge of snow on Perimeter Road to get to the path, pick up maps from the box made by woodshop men, and head for Dogwood Trail.

In spite of everything, the path is in fine shape. The ground is moist but not muddy, and the chips workers spread last year make a firm walking surface. Identifying numbers and letters still hang on trees and bushes, some of them folded by wind or storm, but clearly legible. The tiniest of buds appear on dogwood trees.

Although the long wintry spell might have affected our spirits, there are no signs of distress here. On the contrary, beneath the rail that borders the steep rise, snowdrops are bravely blooming. A foot of snow must have lain on them for days; nevertheless, there they are, a little battered by *Sturm und Drang*, but erectly proclaiming, "The flowers will bloom another year . . . young buds sleep on the root's white core."

--Sarah Cooper

## VOICE of the RESIDENTS

Volume XVII, Number 7

March, 1996

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Published September through June  
Broadmead Residents Association,  
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Harry S. Scott, Jr., *Editor*  
Evelyn McCartney, *Editorial Assistant*

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